
Markus H. Schafer

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Positions and affiliations

2024- Professor of Sociology and Graduate Program Director, Baylor University
 2023- Faculty Affiliate, Texas Center on Aging and Population Sciences
 2022-2024 Associate Professor of Sociology, Baylor University
 2021-2022 Acting Graduate Chair, Department of Sociology University of Toronto
 2016-2023 Associate Professor of Sociology, University of Toronto
 Faculty Member, Institute for Life Course & Aging, University of Toronto
 2018-2020 Associate Chair, Graduate Studies, Department of Sociology, University of Toronto
 2011-16 Assistant Professor of Sociology, University of Toronto

Education

2011 PhD in Sociology, Purdue University. Thesis titled “Does Health Divide? Social Networks and Emergent Social Boundaries in a Retirement Community.” (Co-supervisors Scott Feld and Kenneth F. Ferraro)
 2007 M.S. in Sociology, Purdue University
 2007 Graduate Certificate in Survey Research, Purdue University
 2005 B.A. Psychology and Sociology, Grove City College, PA (Magna Cum Laude)

Research and teaching interest areas

Aging and the Life Course, Medical Sociology, Physical and Mental Health, Social Inequality, Social Networks, Social Psychology, Sociology of Religion

Funding

2024 Center on Healthy Aging Behaviors and Longitudinal Investigations Pilot Project Grant (“Inequalities in Social Network Change Following the Death of a Close Confidant”), Co-Principal Investigator, \$25,000.
 2021-2023 SSHRC Institutional Grant (“*The Role of National Health Care Quality in Explaining Population Health Disparities*”), Principal Investigator, \$1,358.
 2021-2022 Canadian Foundation for Healthcare Improvement: Implementation Science Teams – Strengthening Pandemic Preparedness in Long-Term Care Funding Opportunity (“*Improving Prescribing of Medications at the End-of-Life in Long-Term Care Homes through the COVID-19 Pandemic*”), Co-applicant (Peter

- Tanuseputro, Amy Hsu, Sarina Isenberg, Aynharan Sinnarajah, Jessica Simon, Justin Presseau, PIs), \$149,986
- 2020-2026 SSHRC Partnership Grant (“*Consortium on Analytics for Data-Driven Decision-Making (CANd3): Developing Talent for Population Analytics in Aging Societies*”), Co-applicant (Amélie Quesnel-Vallée, PI), \$2,500,000
- 2020-2021 CIHR Project Grant – Priority Announcement: HIV/AIDS (“*Sexual Health and STI Prevention for Sexual Minority Men in Suburban Cities*”), Co-applicant (Dionne Gesink, PI), \$85,000
- 2019-2021 SSHRC Insight Grant (“*Distant Ties: Geographical Proximity and the Function of Older Adults’ Social Networks*”), Principal Investigator, \$39,714
- 2016-2019 SSHRC Insight Grant (“*Urban Environments and Older Adults’ Quality of Life*”), Principal Investigator, \$35,102
- 2015-2020 Ontario Early Researcher Award (“*Health and Social Networks among Older Adults*”), Principal Investigator, \$150,000
- 2015-2016 SSHRC Institutional Grant (“*Inequality, Networks, and Health: Integrating Various Levels of Contextual Disorder*”), Principal Investigator, \$4,000.
- 2014-2019 CIHR Operating Grant (“*Demands and Resources in Work and Family Life and their Implications for Stress and Health among Canadians: Waves 3 – 5 of the Canadian Work, Stress, and Health Study (CAN-WSH)*”), Co-Applicant (Scott Schieman, PI), \$856,180
- 2012-2014 SSHRC Insight Development Grant (“*Network Density, Independence, and Quality of Life among Older Adults*”), Principal Investigator, \$21,505
- 2012-2013 Connaught New Researcher Award (“*Pilot Project for Multi-Site Study of Social Relationships and Health in Ontario Retirement Communities*”), Principal Investigator, \$15,000
- 2010-2011 NSF Dissertation Improvement Grant (“*Social Networks and Health Status*”), Co-Principal Investigator, \$3,450
- 2009 Purdue Research Foundation Doctoral Dissertation Fellowship (“*Does Health Divide? Social Networks and Emergent Social Boundaries in a Retirement Community*”), Co-Principal Investigator, \$29,430

Book

Schafer, Markus H., Dawn C. Carr, Jaquie L. Angel, and Richard Settersten (Eds.). *Handbook of the Sociology of Aging, 2nd edition*. New York: Springer. Under contract.

Peer-reviewed journal articles

Upenieks, Laura and Markus H. Schafer. 2024. “Faith and Volunteering at Midlife: Variation by Religious Continuity, Discontinuity, or Initiation Since Childhood?” *Sociology of Religion*, forthcoming.

- Schafer, Markus H. 2024. "Social Contact during the COVID-19 Pandemic: The Role of Long-Term Connectedness and Cumulative Inequality in Later Life." *Social Science Research* 120: 103007.
- Eugene Dim and Markus H. Schafer. 2024. "Age, Political Participation, and Political Context in Africa." *Journal of Gerontology: Social Sciences* 79:gbae035
- Schafer, Markus H. and Laura Upenieks. 2024. "On Religious Ambiguity: Childhood Family Religiosity and Adult Flourishing in a Twin Sample." *Social Science Research* 118:102949.
- Kyeremeh, Emmanuel and Markus H. Schafer. 2024. "Keep Around, Drop, or Revise? Exploring What Becomes of Difficult Ties in Personal Networks." *Social Networks* 76:22-33. (equal authorship).
- Dubash, Soli and Markus H. Schafer. 2023. "Social Network Negativity and Physical Activity: New Longitudinal Evidence for Young and Older Adults, 2015-2018." *Research Quarterly for Exercise and Sport* 95:334–341.
- Sun, Haosen and Markus H. Schafer. 2023 "Distance in Disconnection: The Varied Impact of Core Network Losses on Loneliness among Older Europeans." *Journal of Gerontology: Social Sciences* 11:1917-1926.
- Sun, Haosen and Markus H. Schafer. 2023. "Isolation or Replenishment? The Case of Partner Network-Exclusivity and Partner Loss in Later Life." *Journal of Gerontology: Social Sciences* 78:705-717.
- Lee, Jin A. and Markus H. Schafer. 2023. "Social Network Characteristics and HIV Testing among older adults in South Africa." *Ageing & Society* 43:499-515.
- Andersson, Matthew A., Lindsay R. Wilkinson, and Markus H. Schafer. 2023. "The Long Arm of Childhood: Does It Vary According to Healthcare System Quality?" *Journal of Health and Social Behavior* 64:79-97.
- Schafer, Markus H. and Laura Upenieks. 2023. "Do Sexual Expectations Matter for Older Men and Women? Anticipated Sexual Futures and Late-Life Sexuality over Two Decades." *The Gerontologist* 63:240-250.
- Silva e Silva, Vanessa, Janine Schirmer, Bartira D'Aguiar Roza, Aimee Sarti, Michael Hickey, Sonny Dhanani, Joan Almost, Markus Schafer, and Joan Tranmer. 2022. "Understanding Organ Donation Processes and Structures in Ontario: A Social Network Analysis Approach." *Social Science & Medicine* 310:115243.
- Cohn-Schwartz, Ella, Markus H. Schafer, and Liat Ayalon. 2022. "Age Integration in Later Life Social Networks and Self-Perceptions of Aging: Examining Their Reciprocal Associations." *European Journal of Ageing* 19:1145-1153.
- Schafer, Markus H., Haosen Sun, and Jin A. Lee. 2022. "Compensatory Connections? Living Alone, Loneliness, and the Buffering Role of Social Connection among older American and European Adults." *Journal of Gerontology: Social Sciences* 77:1550-1560.

Sun, Haosen and Markus H. Schafer. 2022. "Close Ties, Near and Far Away: Patterns and Predictors of Geographic Network Range among Older Europeans." *European Journal of Ageing* 19:699-716.

Upenieks, Laura, Jeremy Uecker, and Markus H. Schafer. 2022. "Couple Religiosity and Well-Being among Older Adults in the United States." *Journal of Aging and Health* 34:266-282.

Schafer, Markus H. and Haosen Sun. 2022. "There at Any Distance? Geographic Proximity and the Presence of Adult Children in Older Europeans' Core Discussion Networks." *Social Science Research* 102:102643.

Upenieks, Laura and Markus H. Schafer. 2022. "Keeping "In Touch": Demographic Patterns of Interpersonal Touch in Later Life." *Research on Aging* 44:22-33.

Sendroiu, Ioana, Laura Upenieks, and Markus Schafer. 2021. "The Divergent Mental Health Effects of Dashed Expectations and Unfulfilled Aspirations: Evidence from American Lawyers' Careers." *Social Psychology Quarterly* 84:376-397.

Upenieks, Laura, Matthew A. Andersson, and Markus H. Schafer. 2021. "God, Father, Mother, Gender: How Are Religiosity and Parental Bonds During Childhood Linked to Midlife Flourishing?" *Journal of Happiness Studies* 22:3199-3220.

Schafer, Markus H. and Laura Upenieks. 2021. "Functional Disability and the Role of Children in U.S. Adults' Core Discussion Networks." *Network Science* 9:194-212.

Silva e Silva, Vanessa, Janine Schirmer, Bartira D'Aguiar Roza, Priscilla Carolyn de Oliveira, Sonny Dhanani, Joan Almost, Markus Schafer, and Joan Tranmer. 2021. "Defining Quality Criteria for Success in Organ Donation Programs: A Scoping Review." *Canadian Journal of Kidney Health and Disease* 8: 2054358121992921.

Lee, Haena and Markus H. Schafer. 2021. "Are Positive Childhood Experiences Linked to Better Cognitive Functioning in Later Life? Examining the Role of Life Course Pathways." *Journal of Aging and Health* 33:217-226.

Schafer, Markus H., Laura Upenieks, and Julia DeMaria. 2021. "Do Older Adults with HIV Have Distinctive Personal Networks? Stigma, Network Activation, and the Role of Disclosure in South Africa." *AIDS and Behavior* 25:1560-1572.

Upenieks, Laura, Markus H. Schafer, and Andrea Mogosanu. 2021. "Does Childhood Religiosity Delay Death?" *Journal of Religion and Health* 60:420-443.

Upenieks, Laura and Markus H. Schafer. 2020. "Religious Attendance and Physical Health in Later Life: A Life Course Approach." *Journal of Health and Social Behavior* 61:486-502.

Schafer, Markus H. and Matthew A. Andersson. 2020. "Looking Homeward with the Life Course: Early Origins of Adult Dwelling Satisfaction?" *Advances in Life Course Research* 44: 100328.

Wilkinson, Lindsay R., Markus H. Schafer, and Renae Wilkinson. 2020. "How Painful is a Recession? An Assessment of Two Future-Oriented Buffering Mechanisms." *Social Science & Medicine* 255:112455.

- Schafer, Markus H., Jason Settels, and Laura Upenieks. 2020. "As Goes the City? Older Americans' Home Upkeep in the Aftermath of the Great Recession." *Social Problems* 67:379-397.
- Andersson, Matthew A., Lindsay R. Wilkinson, and Markus H. Schafer. 2019. "Does the Association between Age and Major Illness Vary by Healthcare System Quality?" *Research on Aging* 41:988-1013.
- Schafer, Markus H. and Soyoung Kwon. 2019. "Religious Heterogamy and Partnership Quality in Later Life." *Journal of Gerontology: Social Sciences* 74:1266-1277.
- Sun, Haosen and Markus H. Schafer. 2019. "Age Integration in Older Europeans' Non-Kin Core Networks: Does Formal Social Participation Play a Role?" *European Journal of Ageing* 16:455-472.
- Shippee, Tetyana P., Lindsay R. Wilkinson, Markus H. Schafer, and Nathan Shippee. 2019. "Long-Term Effects of Age Discrimination on Mental Health: The Role of Perceived Financial Strain." *Journal of Gerontology: Social Sciences* 74:664-674.
- Silver, Michelle, Jason Settels, Markus H. Schafer, and Scott Schieman. 2019. "Getting the Hours you Want in the Pre-retirement Years: Work Hour Preferences and Mismatch among Older Canadian Workers." *Work, Aging and Retirement* 5:175-188.
- Badawy, Philip, Markus H. Schafer, and Haosen Sun. 2019. "Relocation and Network Turnover in Later Life: How Distance Moved and Functional Health Are Linked to a Changing Social Convoy." *Research on Aging* 41:54-84.
- Schafer, Markus H. 2018. "Who Talks Religion and what are the Consequences for Social Ties? Unpacking a Sensitive Discussion Topic in Close Networks." *Sociology of Religion* 79:395-424.
- Settels, Jason and Markus H. Schafer. 2018. "Workforce Transitions and Social Connectedness among Older U.S. Adults." *Work, Aging and Retirement* 34:274-288.
- Schafer, Markus H., Laura Upenieks, and Andie MacNeil. 2018. "Disorderly Households, Self-Presentation, and Mortality: Evidence from a National Study of Older Adults." *Research on Aging* 40:762-790.
- Upenieks, Laura, Jason Settels and Markus H. Schafer. 2018. "For Everything a Season? A Month-by-Month Analysis of Social Network Resources in Later Life." *Social Science Research*, 69:111-125.
- Schafer, Markus H. 2018. "(Where) is Functional Decline Isolating? Disordered Environments and the Onset of Disability." *Journal of Health and Social Behavior* 59:38-55.
- Schafer, Markus H., Laura Upenieks, and James Iveniuk. 2018. "Putting Sex into Context in Later Life: Environmental Disorder and Sexual Interest among Partnered Seniors." *The Gerontologist* 58:181-190.
- Kwon, Soyoung and Markus H. Schafer. 2017. "Obesity and Sexuality among Older Couples: Evidence from the National Social Life Health and Aging Project (NSHAP)." *Journal of Aging and Health* 29:735-768.

Ferraro, Kenneth F. and Markus H. Schafer. 2017. "Visions of the Life Course: Risk, Resources, and Vulnerability." *Research in Human Development* 14:88-93.

Schafer, Markus H. and Laura Upenieks. 2016. "Trans-Congregational Triadic Closure: Churchgoers' Networks within and beyond the Pews." *Journal for the Scientific Study of Religion* 55:597-621.

Schafer, Markus H. and Nicholas Vargas. 2016. "The Dynamics of Social Support Inequality: Maintenance Gaps by Socioeconomic Status and Race?" *Social Forces* 94:1795-1822.

Upenieks, Laura, Markus H. Schafer, and James Iveniuk. 2016. "Does Disorder Get 'Into the Head' and 'Under the Skin'? Layered Contexts and Bi-Directional Associations." *Health and Place* 39:131-141.

Kwon, Soyoung and Markus H. Schafer. 2016. "Improving but Unequal: Temporal Trends in Chinese Self-Rated Health, 1990-2012." *Social Science & Medicine – Population Health* 2:77-83.

Schafer, Markus H. and Laura Upenieks. 2016. "The Age-Graded Nature of Advice: Distributional Patterns and Implications for Life Meaning." *Social Psychology Quarterly* 79:22-43.

Ferraro, Kenneth F., Markus H. Schafer, and Lindsay R. Wilkinson. 2016. "Childhood Disadvantage and Health Problems in Middle and Later Life: Early Imprints on Physical Health?" *American Sociological Review* 81:85-106.

Schafer, Markus H. 2016. "Health as Status? Network Relations and Social Structure in an American Retirement Community." *Ageing & Society* 36:79-105.

South, Susan C., Markus H. Schafer, and Kenneth F. Ferraro. 2015. "Genetic and Environmental Overlap between Childhood Maltreatment and Adult Physical Health." *Twin Research and Human Genetics* 18:533-544.

Schafer, Markus H. and Jonathan Koltai. 2015. "Cancer Diagnosis and Mental Health among Older White Adults: Moderating Role for Social Networks?" *Society and Mental Health* 5:182-202.

Schafer, Markus H. and Jonathan Koltai. 2015. "Does Embeddedness Protect? Personal Network Density and Vulnerability to Mistreatment among Older American Adults." *Journal of Gerontology: Social Sciences* 70:597-606.

Schafer, Markus H. 2015. "Religiously Traditional, Unusually Supportive? Examining who Gives, Helps, and Advises in Americans' Close Networks." *Social Currents* 2:81-104.

Schafer, Markus H. 2015. "On the Locality of Asymmetric Close Relations: Spatial Proximity and Health Differences in a Senior Community." *Journal of Gerontology: Social Sciences* 70:100-110.

Schafer, Markus H. and Laura Upenieks. 2015. "Environmental Disorder and Functional Decline among Older Adults: A Layered Context Approach." *Social Science & Medicine* 124:152-161.

- Schafer, Markus H., Patricia Morton, and Kenneth F. Ferraro. 2014. "Child Maltreatment and Adult Health in a National Sample: Heterogeneous Relational Contexts, Divergent Effects?" *Child Abuse & Neglect* 38:395-406.
- Schafer, Markus H. 2014. "Childhood Misfortune, Ultimate Redemption? A Stress Process-Life Course Analysis of Adult Born-Again Experiences." *Sociology of Religion* 75:25-56.
- Schafer, Markus H. 2014. "Schema via Structure? Personal Network Density and Moral Evaluations of Infidelity." *Sociological Forum* 29:120-136.
- Schafer, Markus H., Sarah A Mustillo, and Kenneth F. Ferraro. 2013. "Age and the Tenses of Life Satisfaction." *Journal of Gerontology: Social Sciences* 68:571-579.
- Schafer, Markus H. 2013. "Discussion Networks, Physician Visits, and Non-Conventional Medicine: Probing the Relational Correlates of Health Care Utilization." *Social Science & Medicine* 87:176-184.
- Schafer, Markus H. 2013. "Structural Advantages of Good Health in Old Age: Investigating the Health-Begets-Position Hypothesis with a Full Social Network." *Research on Aging* 35:348-370.
- Schafer, Markus H. 2013. "Close Ties, Intercessory Prayer, and Optimism among American Adults: Locating God in the Social Support Network." *Journal for the Scientific Study of Religion* 52:35-56.
- Vargas, Nicholas and Markus H. Schafer. 2013. "Diversity in Action: Interpersonal Networks and the Distribution of Advice." *Social Science Research* 42:46-58.
- Schafer, Markus H. and Kenneth F. Ferraro. 2013. "Childhood Misfortune and Adult Health: Enduring and Cascadic Effects on Somatic and Psychological Symptoms?" *Journal of Aging and Health* 25:3-28.
- Schieman, Scott, Markus H. Schafer, and Mitchell McIvor. 2013. "The Rewards of Authority in the Workplace: Do Gender and Age Matter?" *Sociological Perspectives* 55:75-96.
- Schafer, Markus H., Lindsay R. Wilkinson, and Kenneth F. Ferraro. 2013. "Childhood (Mis)fortune, Educational Attainment, and Adult Health: Contingent Benefits of a College Degree?" *Social Forces* 91:1007-1034.
- Schafer, Markus H. and Soyoung Kwon. 2012. "Cohorts and Emerging Health Disparities: Biomorphc Trajectories in China, 1989-2006." *Journal of Health and Social Behavior* 53:517-534.
- Kwon, Soyoung and Markus H. Schafer. 2012. "How Did Work Attitudes Change in Reform-Era China? Age, Period, and Cohort Effects on Work Centrality." *Sociological Perspectives* 55:557-581.
- Morton, Patricia, Markus H. Schafer, and Kenneth F. Ferraro. 2012. "Does Childhood Misfortune Increase Cancer Risk in Adulthood?" *Journal of Aging and Health* 24:948-984.
- Schafer, Markus H. and Kenneth F. Ferraro. 2012. "Childhood Misfortune as a Threat to Successful Aging: Avoiding Disease." *The Gerontologist* 52:111-120.

- Shippee, Tetyana P., Markus H. Schafer, and Kenneth F. Ferraro. 2012. "Beyond the Barriers: Racial Discrimination and the Use of Complementary and Alternative Medicine among Black Americans." *Social Science & Medicine* 74:1155-1162.
- Mustillo, Sarah A., Kimber Hendrix, and Markus H. Schafer. 2012. "Trajectories of Body Mass and Self-Concept in Black and White Girls: The Lingering Effects of Stigma." *Journal of Health and Social Behavior* 53:2-16.
- Schafer, Markus H., Kenneth F. Ferraro, and Sarah A. Mustillo. 2011. "Children of Misfortune: Early Adversity and Cumulative Inequality in Perceived Life Trajectories." *American Journal of Sociology* 116: 1053-1091.
- Schafer, Markus H. and Kenneth F. Ferraro. 2011. "Fundamental and Variably Proximate Causes: Education, Obesity, and Health." *Social Science & Medicine* 73:1340-1348.
- Schafer, Markus H. 2011. "Health and Network Centrality in a Continuing Care Retirement Community." *Journal of Gerontology: Social Sciences*. 66:795-803.
- Schafer, Markus H. and Kenneth F. Ferraro. 2011. "The Stigma of Obesity: Does Weight Discrimination Affect Identity and Physical Health?" *Social Psychology Quarterly* 74: 76-97.
- Schafer, Markus H., Kenneth F. Ferraro, and Sharon R. Williams. 2011. "Low Socioeconomic Status and Body Mass Index as Risk Factors for Inflammation in Older Adults: Conjoint Influence on C-Reactive Protein?" *Journal of Gerontology: Medical Sciences* 66A:667-673.
- Schafer, Markus H. 2011. "Ambiguity, Religion, and Relational Context: Competing Influences on Moral Attitudes?" *Sociological Perspectives* 53: 59-81.
- Schafer, Markus H. and Tetyana P. Shippee. 2010. "Age Identity, Gender, and Perceptions of Decline: Does Feeling Older Lead to Pessimistic Dispositions about Cognitive Aging?" *Journal of Gerontology: Social Sciences* 65B: 91-96.
- Schafer, Markus H. and Tetyana P. Shippee. 2010. "Age Identity in Context: Stress and the Subjective Side of Aging." *Social Psychology Quarterly* 73: 245-264.
- Schafer, Markus H. 2009. "Parental Death and Subjective Age: Indelible Imprints from Early in the Life Course?" *Sociological Inquiry* 79:75-97.
- Schafer, Markus H., Tetyana P. Shippee, and Kenneth F. Ferraro. 2009. "When Does Disadvantage Not Accumulate? Towards a Sociological Conceptualization of Resilience." *Swiss Journal of Sociology* (special issue) 35:231-251.
- Shippee, Tetyana P., Markus H. Schafer, and Karis Pallone. 2008. "Building the 'Bridge': Expanding Gerontology Education by Connecting the University with a Local Retirement Community." *Gerontology and Geriatrics Education* 28:57-70.
- Schafer, Markus H. and Kenneth F. Ferraro. 2007. "Long-Term Obesity and the Risk of Avoidable Hospitalization among Young-, Middle-, and Older-Age Adults." *Archives of Internal Medicine* 167:2220-2225.
- Schafer, Markus H. and Kenneth F. Ferraro. 2007. "Obesity and Hospitalization over the Adult Life Course: Does Duration of Exposure Increase Use?" *Journal of Health and Social Behavior* 48:434-449.

Other publications

Schafer, Markus H. 2018. "Gendered Life Course Transitions: The Case of Driving Cessation and Social Networks." Pp. 245-262 in *Social Networks and the Life Course* (edited by Duane F. Alwin, Diane H. Felmlee, and Derek A. Kreager). New York: Springer Publishing.

Cornwell, Benjamin and Markus H. Schafer. 2015. "Social Networks in Later Life." Pp. 181-205 in *Handbook of Aging and the Social Sciences, 8th Edition*. (edited by Linda George and Kenneth F. Ferraro). Oxford, UK: Elsevier.

Schafer, Markus H. 2015. "Social Contagion and Mental Health." Pp. 171-174 in *Encyclopedia of Mental Health, Second Edition* (edited by Howard Friedman). Oxford, UK: Elsevier.

Schieman, Scott, Markus Schafer, and Mitchel McIvor. 2013. "When Leaning in Doesn't Pay Off." *New York Times*, August 11, pg. SR12.

Ferraro, Kenneth F., Tetyana Pylypiv Shippee, and Markus H. Schafer. 2009. "Cumulative Inequality Theory for Research on Aging and the Life Course." Pp. 413-433 in *Handbook of Theories of Aging, Second Edition* (edited by Vern L. Bengtson, Daphna Gans, Norella M. Putney, and Merril Silverstein). New York: Springer Publishing.

Schafer, Markus H. and Kenneth F. Ferraro. 2009. "Data Sources for Studying Aging." Pp. 19-36 in *International Handbook of Population Aging* (edited by Peter Uhlenberg). Dordrecht, The Netherlands: Springer.

Ferraro, Kenneth F. and Markus H. Schafer. 2008. "Gerontology's Greatest Hits." *Journal of Gerontology: Social Sciences* 63B:S3-S6.

Presentations (since 2015)

2024. "Do Socioeconomic Transitions Matter for Diet Quality? A Life Course Examination of Childhood and Adult SES." Roundtable presentation at the American Sociological Association annual meeting, Montreal. (with James Malo).

2024. "County Political Contexts and Adult Health and Well-Being: Results from National Longitudinal U.S. Data." Roundtable presentation at the American Sociological Association annual meeting, Montreal. (with Matthew Andersson, Laura Upenieks, James Malo, and Daniel Jang).

2024. "Advice Inequality in Ego-Centric Networks: Do Gender Dynamics Matter?" Paper presentation at the American Sociological Association annual meeting, Montreal. (with Soli Dubash and Emmanuel Kyeremeh).

2024. "What Accounts for Socioeconomic Disparities in Healthy Eating? Exploring Varied Pathways in Life Course Context." Paper presentation at MIDUS Meeting, University of Wisconsin. (with James Malo).

2024. "Chronic Pain Sites among US Older Adults: Onset and Recovery across Pain Locations." Poster presentation at the Population Association of America annual meeting, Columbus, OH. (with Anna Zajacova).

2023. Discussant: “Diverse Environmental Contexts and Links to Later-Life Well-Being” at the Gerontological Society of America annual meeting, Tampa.

2023. “Single-Tie Core Networks Among Older Europeans: A Position of Precarity and Loneliness?” Paper presentation at the Gerontological Society of America annual meeting, Tampa. (with Jina Lee).

2023. “The Co-Evolution of Personal Networks and Loneliness Following Widowhood for Men and Women.” Paper presentation at the Gerontological Society of America annual meeting, Tampa. (with Jina Lee).

2023. “Can Solitary Activities Alleviate Loneliness?” Paper presentation at the American Sociological Association annual meeting, Philadelphia. (with Haosen Sun).

2023. “Social Contact during COVID: Cumulative Inequality and the Role of Long-term Connectedness at Older Ages.” Paper presentation at the American Sociological Association annual meeting, Philadelphia.

2023. “How Has Community Life Changed Alongside Religious Decline? Religion, Spirituality, and Social Change in the U.S., 1995-2015.” Paper presentation at MIDUS Meeting, University of Wisconsin. (with Laura Upenieks).

2023. “Chronic Pain: A Window into Suffering, Social Inequality, and Health ‘Despair-ities.’” Invited keynote presentation at Health and Behavior Research Collaboration Symposium, Baylor University.

2022. “Social Contact during COVID: The Role of Long-Term Dis/connectedness.” Invited presentation at Symposium on Health Aging, NORC and University of Chicago.

2022. “Isolation or Replenishment? The Case of Partner Network-Exclusivity and Partner Loss in Later Life.” Paper presentation at the American Sociological Association annual meeting, Los Angeles. (with Haosen Sun).

2022. “The Geographic Layouts of Older Europeans’ Social Networks and Loneliness in the Covid-19 Pandemic.” Poster presentation at the Gerontological Society of America annual meeting, Indianapolis. (with Haosen Sun).

2022. “Cognitively Engaging Solitary Activities: Another Layer of Protection Against Loneliness.” Poster presentation at the Gerontological Society of America annual meeting, Indianapolis. (with Haosen Sun).

2021. “Compensatory Connections? Living Alone, Loneliness, and the Buffering Role of Social Connection among older American and European Adults.” Invited presentation co-sponsored by Consortium on Analytics for Data-Driven Decision-Making (CAnD3) and Centre on Population Dynamics, McGill University, seminar series. (with Haosen Sun and Jina Lee).

2020. “There at Any Distance? Geographic Proximity and the Presence of Adult Children in Older People’s Confidant Networks.” Paper presentation at the Gerontological Society of America annual meeting, virtual meeting. (with Haosen Sun).

2020. "The Longitudinal Associations of Self-Perceptions of Aging and the Age Composition of Social Networks ." Paper presentation at the Gerontological Society of America annual meeting, virtual meeting. (with Ella Cohn-Schwartz and Liat Ayalon).

2020. Discussant: "Where We Live Matters: Residential Influences on Health and Well-Being" at the Gerontological Society of America annual meeting, virtual meeting.

2020. "Religious Attendance and Physical Health in Later Life." Paper presentation at the American Sociological Association annual meeting, San Francisco. (with Laura Upenieks).

2020. "Religious Attendance and Network Change in Later Life: The Role of Functional Health Status." Paper presentation at UC Berkeley Network Symposium. (with Laura Upenieks).

2020. "Designing and Analyzing Whole Social Network Research." Invited presentation at Social Network Analysis Workshop of the Israel Science Foundation, Bar Ilan University, Tel Aviv, Israel.

2019. "How Does Functional Disability Shape the Role of Children in Older Adults' Core Networks?" Invited talk at Department of Human Development and Family Studies, Syracuse University.

2019. "Childhood Happiness, Self-Master, and Later-Life Health." Paper presentation at the Gerontological Society of America annual meeting, Austin, TX. (with Haena Lee).

2019. "Patterns and Predictors of the Geographic Network Range among Older Europeans." Paper presentation at the Gerontological Society of America annual meeting, Austin, TX. (with Haosen Sun).

2019. "Do Older Adults with HIV Have a Social Network Deficit? Evidence from Agincourt, South Africa." Paper presentation at the Gerontological Society of America annual meeting, Austin, TX. (with Laura Upenieks and Julia DeMaria).

2019. "Looking Homework with the Life Course: Early Origins of Adult Dwelling Satisfaction"? Paper presentation at the American Sociological Association annual meeting, New York. (with Matthew Andersson).

2019. "Workforce Transitions and Social Network Change among Older Europeans: Variation by Socioeconomic Status?" Presentation at Employment Transitions, Aging & inequality MiniConference, Southern Sociological Society, Atlanta. (with Hoasen Sun and Jason Settels)

2019. "Linked lives: Exploring Aging and Well-being through a Social Networks Perspective." Invited talk at Grove City College, Grove City, PA.

2019. "How Painful is a Recession? An Assessment of Two Future-Oriented Buffering Mechanisms." Paper presentation at Population Association of America annual meeting, Austin. (with Lindsay Wilkinson and Renae Wilkinson)

2018. Discussant: "Effect of Childhood Adversity on Psychological and Biological Markers of Stress in Middle and Later Life" at the Gerontological Society of America annual meeting, Boston.

2018. “Disablement and Ties with Adult Children: Longitudinal Evidence from the National Social Life, Health, and Aging Project.” Paper presentation at the Gerontological Society of America annual meeting, Boston. (with Laura Upenieks)

2018. “As Goes the City? Older Americans’ Home Upkeep in the Aftermath of the Great Recession.” Paper presentation at the American Sociological Association annual meeting, Philadelphia. (with Jason Settels and Laura Upenieks).

2018. “Late-life Relocation and Network Turnover.” Presentation at the American Sociological Association annual meeting, Philadelphia. (with Philip Badawy)

2018. “Residentializing Social Comparisons and Subjective Well-Being: The Role of Relative Housing Quality and Neighborhood Social Integration.” Paper presentation at the Sixteenth International conference on Social Stress Research, Athens, Greece.

2018. “How do social networks change amidst health decline? Residential context and cars in the disablement process.” Invited talk at Pepper Institute on Aging and Public Policy, Florida State University.

2018. “Staying Connected During Disablement: Social Networks, Homes, and Cars in Later Life.” Invited talk at Outstanding Sociology Opportunity speaker series, Baylor University.

2017. “How Do Social Networks Change amidst Functional Health Decline? Residential Context and Cars in the Disablement Process.” Invited talk at Human Development colloquium series, Cornell University.

2017. “City Livability and the Well-Being of Older Americans.” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Jason Settels)

2017. “Age and Job Satisfaction within a Canadian Context” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Michelle Silver and Jason Settels)

2017. “Tactile Inequality: Neighbourhood SES and the Frequency of Caring Touch in Later Life” Paper presentation at International Association of Gerontology World Congress, San Francisco. (with Laura Upenieks)

2017. “Who Talks Religion and What are the Consequences for Social Ties? Unpacking a Sensitive Discussion Topic in Close Networks.” Invited talk at University of Western Ontario Department of Sociology colloquium series.

2017. “The Role of Health in Late Life Social Inclusion and Exclusion.” Invited panel presentation at the American Sociological Association annual meeting, Montreal.

2017. “Religious Attendance Heterogamy and Partnership Quality in Later Life.” Paper presentation at the American Sociological Association annual meeting, Montreal. (with Soyoung Kwon)

2017. “The Propagation of Environmental Disorder in Later Life.” Invited talk at Institute for Life Course & Aging, Noon-Hour Seminar Series, University of Toronto.

2017. “The Propagation of Disorder in Later Life: Neighborhood, Home, Body.” Invited talk at Cornell Population Center, Cornell University.

2016. “Environmental Disorder and Sexual Activity in Later Life: The Role of Neighborhoods and Households.” Paper presentation at the Gerontological Society of America annual meeting, New Orleans. (with Laura Upenieks)

2016. “Disordered Environments and the Disablement Process: Implications for Social Connectedness.” Paper presentation at the Gerontological Society of America annual meeting, New Orleans.

2016. “Using the NSHAP to study Health, Networks, and the Physical Environment.” Invited keynote talk at National Social Life, Health, and Aging (NSHAP) Data Users Conference, NORC, University of Chicago.

2015. “Long-Term Effects of Age Discrimination on Mental Health: The Role of Perceived Strain.” Paper presentation at the Gerontological Society of America annual meeting, Orlando, FL. (with Tetyana Shippee, Lindsay Wilkinson, and Nathan Shippee)

2015. “Advice as Age-Graded Social Exchange: Distributional Patterns and Implications for Life Meaning.” Paper presentation at the Gerontological Society of America annual meeting, Orlando, FL. (with Laura Upenieks)

2015. “Does Disorder Get “Into the Head” or “Under the Skin”? Layered Contexts and Bi-Directional Associations.” Paper presentation at the American Sociological Association annual meeting, Chicago. (with Laura Upenieks)

2015. “Workforce Transitions and Changes in Social Connectedness among Older Adults.” Paper presentation at the Canadian Sociological Association Congress, University of Ottawa. (with Jason Settels)

2015. “Aging, Neighborhood Disorder, and Mental Health: The Mediating and Moderating Role of Neighborhood Cohesion.” Paper presentation at the Canadian Sociological Association Congress, University of Ottawa. (with Laura Upenieks)

2015. “Seasonal Variation in Social Network Resources among Older Adults.” Invited presentation at Together through Time—Social Networks and the Life Course Conference, Penn State University. (with Jason Settels and Laura Upenieks)

Teaching experience at Baylor University

SOC 4393 – Sociology of Aging (Undergraduate)

SOC 5312 – Social Science Data Analysis (Graduate)

SOC 6V71-01 – Sociology of Age and Aging (Graduate)

SOC 6V71.01 – Networks and Health (Graduate)

Teaching experience at University of Toronto

SOC 202 - Quantitative Analysis (Undergraduate)

SOC 246 - Sociology of Aging (Undergraduate)

SOC 427 - Families and Health (Undergraduate)

SOC 494 - Professing Sociology (Undergraduate)
SOC 6022 - Sociology of Health (Graduate)
SOC 6024 - Networks and Health (Graduate)
SOC 6032 - Statistics for Sociologists (Graduate)
SOC6711Y – Sociology Research Practicum (Graduate)

Honors and awards

2022 Dean’s Excellence Award, University of Toronto
2021 Dean’s Excellence Award, University of Toronto
2020 Dean’s Excellence Award, University of Toronto
2019 Dean’s Excellence Award, University of Toronto
2018 Fellow, Gerontological Society of America, Behavioral and Social Sciences Section
Dean’s Excellence Award, University of Toronto
2017 Dean’s Excellence Award, University of Toronto
2016 Dean’s Excellence Award, University of Toronto
2015 Dean’s Excellence Award, University of Toronto
2014 Dean’s Excellence Award, University of Toronto
2013 Co-winner, Gerontological Society of America, Richard Kalish Innovative Publication Award
Dean’s Excellence Award, University of Toronto
2012 Co-winner, ASA Section on Aging and the Life Course Outstanding Publication Award
2011 Co-winner, ASA Section on Aging and the Life Course Graduate Student Paper Award
Co-author, Outstanding Graduate Student Paper Award, Purdue University Dept. of Sociology
2010 Robert Wood Johnson Health & Society Scholars Program Finalist (declined)
Outstanding Graduate Student Paper Award, Purdue University Dept. of Sociology
Walter Hirsch Dissertation Award, Purdue University Dept. of Sociology
“Rising Star” Award for Excellence in Aging Research, Purdue University, Center on Aging and the Life Course
2006 Co-author of first-place graduate student paper award, Association for Gerontology in Higher Education
2005 President of Grove City College Psi Chi Chapter (National Psychology Honorary)

Co-winner of “Excellence in Undergraduate Research” award, Eastern Psychological Association Meeting

Graduate thesis committees

- In progress
- Co-Chair, Doctoral thesis committee, Jina Lee (“How do Social Networks Shape Loneliness among Older Adults? Effects of Widowhood Transitions, Precarious Network Forms, and Neighbor Networks”)
 - Chair, Doctoral thesis committee, James Malo (“Democratization and Population Health”)
 - Chair, Master’s thesis committee, Chloe Davis (“Income and Mental Health in Rural and Urban America”)
 - Chair, Master’s thesis committee, Daniel Chang (“Gender Composition of Social Networks and Loneliness in Adolescence and Emerging Adulthood”)
 - Member, Doctoral thesis committee, Miranda Doff (“Coping as Collective Action: Exploring the Social World(s) of Disclosure and Help-Seeking for Rape Victims”)
 - Member, Doctoral thesis committee, Jason Pagaduan (“Aging Fitness Communities: A Comparative Study of Active Aging Communities in Scarborough”)
 - Co-Chair, Doctoral thesis committee, Sagi Ramaj (“Residential Contexts and the Labour Market and Housing Outcomes of Sexual Minority Immigrants)
 - Co-Chair, Doctoral thesis committee, Soli Dubash (“The Dynamic Interplay of Social Networks and Health across the Life Course”)
 - Co-Chair, Doctoral thesis committee, Xi Zhu (“Promoting Cognitive Health in Later Life: The Impact of Social Media, Parental Support, and the COVID-19 Pandemic”)
- Completed
- Chair, Doctoral thesis committee, Julia Ingenfeld (“Gender Inequality in the Labor Market: Trends and Mechanisms”)
 - Member, Doctoral thesis committee, Philip Badawy (“A ‘Holy Grail’ of Work and Family Life? Complicating Schedule Control as a Resource), 2022
 - Member, Doctoral thesis committee, Chang Lin (“Theorizing Relationship Change”), 2022
 - Chair, Doctoral thesis committee, Haosen Sun (“Social Networks in the Aging Process: Geographical Configurations and Related Network Dynamics”), 2022
 - Member, Doctoral thesis committee, Anson Au (“Liquid Guanxi: Social Networks in an Age of Digitalization”), 2022
 - Member, Doctoral thesis committee, Vanessa Silva e Silva, Department of Nursing, Queen’s University (“Determining the Influence of Process, Structure,

and Inter-Professional Relational Networks within Organ Donation Programs in Ontario”), 2020

Chair, Doctoral thesis committee, Laura Upenieks (“Social Context and Health in Later Life: Integrating Social Networks, Intimate Relationships, and Religion”), 2019

Chair, Doctoral thesis committee, Jason Settels (“The Multi-Contextual Effects through which Economic Declines Impact Older Persons’ Quality of Life”), 2019

Member, Doctoral thesis committee, Jonathan Koltai (“Organizational Contexts of Inter-role Conflict and Worker Well-Being”), 2018

Member, Doctoral thesis committee, Maria Majerski (“Networks of Mobility and Constraint: The Economic. Integration of New Immigrants to Canada”), 2017

Member, Doctoral thesis committee, Siyue Tian (“Living Arrangements and Intergenerational Supports among Immigrant and Canadian-Born Seniors”), 2016

Member, Master’s thesis committee, Maureen Coyle, Faculty of Kinesiology & Physical Education (“Overall the Hill and Under the Radar: Participation in Physical Activity of Older People at the St. George Campus of the University of Toronto”), 2013

Undergraduate research project supervision

2022-2024 Ella Pursley (“The Effects of Reading Groups on Geriatric Wellbeing”)

2018-2019 Robert Fan (“Social Networks and Mental Health: What is the Role of Geographic Distance and Support Exchange?”)

Julia DeMaria (“Social Networks of Older Adults Living with HIV/AIDS in South Africa”)

2016-2017 Andie MacNeil (“Environmental Disorder and Mortality among Older Adults”)

2013 Xiayuan Li (“How Does Living Arrangement Affect Life Satisfaction among Chinese Elderly?”)

2013 Ariana Savin (Work-Life-Balance and Health of Canadians”)

Post-doctoral fellowship supervision

2021-2022 Emmanuel Kyeremeh

Departmental service

2024 Internal Chair Selection Committee, Baylor University, Department of Sociology

2022-2024 Graduate Committee, Baylor University, Department of Sociology

2021 Search Committee, University of Toronto, Department of Sociology

- 2018-2021 Chair, Comprehensive Exam Committee, Networks and Community, University of Toronto, Department of Sociology
- 2018-2019 Chair, Comprehensive Exam Committee, Sociology of Health and Mental Health, University of Toronto, Department of Sociology
- 2015-2017 Graduate Curriculum Committee, University of Toronto, Department of Sociology
- 2015-2016 Search Committee, University of Toronto, Department of Sociology
- 2014-2015 Executive Committee, University of Toronto, Department of Sociology
Speaker Series Committee, University of Toronto, Department of Sociology
Committee to select Canada Research Chair, University of Toronto, Department of Sociology
- 2012 Graduate Admissions Committee, University of Toronto, Department of Sociology

University service

- 2024-2025 Academic Appeals Committee, Baylor University
- 2021 Dean's Representative to Search Committee, Department of Economics, University of Toronto
- 2020-2021 Executive Committee, Institute for Life Course and Aging, University of Toronto
- 2017 Dean's Representative to Search Committee, Department of Psychology, University of Toronto
- 2015-2017 International Course Modules and Research Excursion Programs Committee, University of Toronto
- 2015 Dean's Advisory Committee for the Appointment of Sociology Chair, University of Toronto
- 2009-2011 Faculty Fellow, Wiley Hall, Purdue University
- 2008-2009 Chair, Purdue Graduate Student Government Advancement Committee
- 2008 Co-Mentor, Summer Research Opportunity Program for minority university students, Purdue University
- 2007-2009 Steering Committee, Center on Aging and the Life Course, Purdue University
- 2006-2007 Developed and executed the National Retirement Community Survey for Westminster Village, West Lafayette, IN
- 2006 Co-Chair of Senior Mentor Program Committee, Purdue University

Community service

- 2013-2016 Advisory panel for Isolated Seniors in East York study, WoodGreen Community Services, Toronto
- 2016-2020 Advisory panel for the GenWell Project

Professional service

Reviewer: *Adaptive Human Behavior and Physiology, Advances in Life Course Research, Ageing and Society, Aging and Mental Health, American Journal of Sociology, American Sociological Review, Archives of Internal Medicine, Basic and Applied Social Psychology, Connections, European Journal of Ageing, Fondazione Cariplo (Italy), The Gerontologist, Gerontological Society of America Annual Meeting, Global Mental Health, International Journal of Comparative Sociology, Israel Science Foundation, Journal for the Scientific Study of Religion, Journal of Aging and Health, Journal of Applied Gerontology, Journal of Epidemiology and Community Health, Journal of Ethnic and Migration Studies, Journal of Health and Social Behavior, Journal of Gerontology: Social Sciences, Journal of Marriage and Family, the Lancet, Longitudinal and Life Course Studies, National Science Foundation (USA), Obesity, PLoS ONE, Population Research and Policy Review, Psychological Science, Psychosomatic Medicine, Rationality and Society, Research in Human Development, Research on Aging, Social Forces, Social Networks, The Sociological Quarterly, Social Problems, Social Psychology Quarterly, Social Science & Medicine, Social Science Research, Social Sciences and Humanities Research Council (Canada), Society and Mental Health, Sociology of Education, Sociology of Health and Illness, Sociological Perspectives, Sociology of Religion, Women's Health Issues*

Editorial Board: *Journal of Gerontology: Social Sciences* (2013-2016); *Research on Aging* (2013-); *Journal of Marriage and Family* (2015-2018); *The Gerontologist* (2015-); *Journal of Aging and Health* (2016-); *Journal of Health and Social Behavior* (2017-2019); *Society and Mental Health* (2019-21)

External Tenure/Promotion Reviews: Boston College, University of Massachusetts Boston, University of South Carolina, Texas State University, University of Wisconsin

- 2024 Matilda White Riley Award Committee, Section on Aging and the Life Course, American Sociological Association
- 2022 Deputy Editor, *Journal of Gerontology, Social Sciences*
- 2020 Outstanding Paper Award committee, Section on Aging and the Life Course, American Sociological Association
- 2019 Outstanding Paper Award committee, Section on Aging and the Life Course, American Sociological Association
- 2017-2022 Associate Editor, *Journal of Gerontology, Social Sciences*
- 2017 Graduate Student Paper Award committee, Section on Aging and the Life Course, American Sociological Association

- 2015 Outstanding Paper Award committee, Section on Aging and the Life Course, American Sociological Association
Regular session organizer, American Sociological Association annual meeting
- 2014 Search committee to select editor of *Journal of Gerontology: Social Sciences*, Gerontological Society of America
- 2007-2009 Student representative to Publications Committee, Gerontological Society of America

Additional training

Computer Assisted Telephone Interviewing training; Social Network Analysis Training, LINKS Center Workshop, University of KY; ICPSR Summer Training Program in Quantitative Methods of Social Research (Analyzing Multilevel and Mixed Models Using Stata, University of Michigan; Network Analysis: Theory and Methods, Indiana University)

Media

Work has been featured on *BBC Radio*, *U.S. News and World Report*, *Science Daily*, *The Globe and Mail*, U.S. Dept. of Health and Human Services *Daily HealthBeat*, *CNN*, *Los Angeles Times*, *Research on Religion Podcast*, *Wall Street Journal's SmartMoney*, *CBC News*, *Chicago Tribune*, *Reader's Digest*, *Bloomberg Businessweek*, *Philadelphia Inquirer*, *MacLean's Magazine*, *New York Times*, *Huffington Post*, *Men's Health*, *Pittsburgh Post-Gazette*, *Washington Post*, *Fox News*, *USA Today*, *NPR*, and *Time*, among other media.

Professional memberships

American Sociological Association
Gerontological Society of America
Population Association of America