

# Amanda C. McGowan

## *Curriculum Vitae*

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Baylor University  
Sociology Department  
One Bear Place #97326  
Waco, TX 76787

Office: (254)-710-4578  
Personal Cell: (409)-454-4424  
Email: Mandy\_McGowan@Baylor.edu

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### Education

<b>Baylor University</b> , Waco, TX PhD, Sociology Health and Society Concentration	<i>Expected May 2025</i>
<b>Baylor University</b> , Waco, TX Master of Arts, Sociology Health and Society Concentration	August 2022
<b>Baylor University</b> , Waco, TX Master of Social Work Physical and Mental Health Concentration	May 2014
<b>Baylor University</b> , Waco, TX Bachelor of Arts, Sociology	May 2012

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### Research Interests

Military Veteran Mental Health, Health Outcomes, Aging; Health Disparities; Aging and Health; Gender and Mental Health; Mental Health; Young Adult Cancer Mental Health, Health Disparities, Survivorship; Extreme Sports and Mental Health

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### Research

#### *Publications*

“Religious Doubt and Depression in Later Life: Gender Differences in the Buffering Role of a Supportive Pastoral Relationship”

Laura Upenieks, Rebecca Bonhag, and **Amanda McGowan**.

International Psychogeriatrics. 2023. DOI: [10.1017/S1041610222000448](https://doi.org/10.1017/S1041610222000448)

“Religiosity and Fear of Crime Victimization”

F. Carson Mencken, Daniel Allen, Jesse DeDeyne, **Amanda McGowan**, and Kyra Neill

*Accepted for Publication*– Sociological Focus (January 2023)

#### *Manuscripts in Preparation*

“Mastery and Self-Rated Health During the COVID-19 Pandemic: Exploring Contingencies by Gender and Race”

**Amanda McGowan** and Laura Upenieks.

#### *Works in Progress*

“The Influence of Mastery on Self-Rated Health of Military Veterans”

**Amanda McGowan** and Michael Lotspeich-Yadao.

“Do Veterans Differ in Levels of Mastery Compared to Non-Veterans: An Exploration of Social Determinants of Mastery”

**Amanda McGowan** and Matthew Andersson.

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“Exploring the Influence of Mastery on Community Engagement”

Rachel E.M. Johnson and **Amanda McGowan**.

“The Relationship Between Social Support and Self-Rated Health for Military Veterans.”

**Amanda McGowan** and Michael Lotspeich-Yadao.

“The Role of Religiosity Measures in the Relationship between Veteran Status, Subjective Health Status, and Subjective Happiness”

**Amanda McGowan** and Michael Lotspeich-Yadao.

“Extreme Sports: A Resource to Combat Stressors and Improve Mental Health”

**Amanda McGowan** and Laura Upenieks.

“Adolescent and Young Adult (AYA) Cancer Mental Health Impacts: A Qualitative Study of a Rare Variant of Liver Cancer: Fibrolamellar Hepatocellular Carcinoma”

**Amanda McGowan** and Laura Upenieks.

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## Teaching Experience

Baylor University

### *Instructor of Record*

SOC 4353.01 – Sociology of Medicines (Spring 2023)

SOC 4353.02 – Sociology of Medicines (Spring 2023)

SOC 1305 – Introduction to Sociology (Fall 2022)

### *Teaching Assistant*

SOC 1305 – Introduction to Sociology (Fall 2020, Fall 2021, Spring 2023)

SOC 4353 – Sociology in Medicine (Fall 2021, Fall 2022)

SOC 4393 – Sociology of Aging (Spring 2021, Spring 2022, Spring 2023)

SOC 4311 – Sociology of Sport (Spring 2021, Fall 2022)

### *Guest Lecture*

SOC 1305 – Introduction to Sociology, “Health”, Dr. Laura Upenieks (Spring 2023)

SOC 4393 – “Mastery and Agency” - Sociology of Aging, Dr. Laura Upenieks (Spring 2023)

SOC 1305 – “Health and Society” Introduction to Sociology, Rachel E.M. Johnson (Fall 2022)

SOC 4393 – “Caring for the Elderly” - Sociology of Aging, Dr. Laura Upenieks (Spring 2022)

SOC 1305 – “Family” Introduction to Sociology, Dr. Laura Upenieks (Fall 2021)

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## Research Assistant / Teaching Assistant Experience

### Research Assistant / Teaching Assistant

August 2020 - Present

Dr. Laura Upenieks

Sociology Department, Baylor University

- Conducting research as assigned
  - Implementing projects as assigned
  - Managing course assignments and submissions,
  - Grading student assignments
  - Provided oversight and support for Introduction to Sociology and other Sociology courses
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## Conference Presentations

### Inter-University Seminar on Armed Forces and Society

October 2023

2023 Biennial International Conference

Reston, VA

“The Relationship Between Social Support and Self-Rated Health for Military Veterans.”

<p><b><u>Southwestern Social Science Association</u></b>  2023 Annual Meeting  Fort Worth, TX  “Exploring the Influence of Mastery on Community Engagement”</p>	April 2023
<p><b><u>Eastern Sociological Society</u></b>  2023 Annual Meeting  Baltimore, MD  Military Mental Health Mini Conference  “The Influence of Mastery on Self-Rated Health of Military Veterans”</p>	February 2023
<p><b><u>Southwestern Social Science Association</u></b>  2022 Annual Meeting  San Antonio, TX  “Mastery and Self-Rated Health During the COVID-19 Pandemic: Exploring Contingencies by Gender and Race”</p>	April 2022
<p><b><u>Eastern Sociological Society</u></b>  2022 Annual Meeting  Boston, MA  Military Mental Health Mini Conference  “The COVID-19 Pandemic and Military Veteran Mental Health: Findings from Wave 6 of the Baylor Religion Survey”</p>	March 2022

## Professional Memberships

American Sociological Association  
Inter-University Seminar on Armed Forces and Society  
Southwestern Social Science Association  
Eastern Sociological Society  
Sociologists for Women in Society  
National Association of Social Workers

## Community Service and Involvement

<p><b><u>Graduate Student Association (GSA)</u></b>  Sociology Department Representative  The Baylor University Graduate Student Association is a community that strives to enrich the quality of academic and social life for students of each graduate program of Baylor University as well as advocate the rights of these students and voice their concerns. GSA Accomplishes this through events, resources, and opportunities designed by and for graduate students.</p>	2022 - Present
<p><b><u>Houston Rodeo Volunteer Committee</u></b>  The Houston Livestock Show and Rodeo is a Section 501(c)(3) charity that benefits youth, supports education, and facilitates better agricultural practices through exhibitions and presentation. The Houston Livestock Show and Rodeo promotes agriculture by providing a family-friendly live entertainment experience that educates the public, supports Texas youth, showcases Western heritage, and provides life changing scholarships to Texas youths.</p>	2020 - Present
<p><b><u>Fibrolamellar Cancer Foundation Patient and Caregiver Advisory Board</u></b>  <a href="https://fibrofoundation.org/">https://fibrofoundation.org/</a>  The Fibrolamellar Cancer Foundation seeks to encourage, drive and fund research that will substantially improve outcomes for fibrolamellar patients. The Patient and Caregiver Advisory Board meets monthly to provide perspectives to help improve research, educational, and support programs with the goal of better serving patients and families currently fighting this awful disease.</p>	2019 - Present

University of Texas at M.D. Anderson Adolescent Young Adult Advisory Council 2018 – Present

[www.mdanderson.org/aya](http://www.mdanderson.org/aya)

The MD Anderson Adolescent and Young Adult (AYA) Advisory Council is a group of young adult patients/survivors ages 18 – 39, and MD Anderson staff who work together to improve the experience of care for young adults and families. The council collaborates with hospital staff and families to develop, implement, and evaluate policies, programs and services that impact young adults cancer patients and survivors.

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## Awards

### Excellence in Research Award

May 2014

- Received the Baylor University School of Social Work Excellence in Research Award for Advanced Practice Research Project “Perceptions and Understanding of the Role of Social Workers in Health Care Settings: A Mixed Methods Study” for excellent work in all phases of the research process, from initial idea, to proposal, to final report.

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## Professional Licenses

### Licensed Clinical Social Worker

- Texas State Board Approved Clinical Supervisor (LCSW-S)
  - Texas License Number: 59250
  - Expiration Date: 06/30/2025
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## Professional Work Experience

### United States Department of Veteran’s Affairs Medical Center Clinical Social Worker

January 2015- August 2020

General Mental Health Clinic (Outpatient Mental Health)  
Michael E. DeBakey VA Medical Center  
Houston, TX  
July 2018-August 2020

Community Living Center (Inpatient Geriatric Psychiatry)  
Doris Miller VA Medical Center  
Waco, TX  
January 2015-July 2018

- Licensed at the Advance Practice (LCSW) level with Texas State Board Approved Clinical Supervisor (LCSW-S) designation.
  - Conducted fully integrated biopsychosocial assessments, made mental health diagnoses utilizing DSM 5 based on assessment, developed treatment plan in collaboration with the Veteran to fit their needs and then implemented treatment plan with multidisciplinary treatment team.
  - Independently worked with Veterans who were experiencing a variety of psychiatric, medical and social problems utilizing individual, group and family counseling and therapy skills.
  - Independently performed case finding functions and outreach, identifying and screening patients for psychosocial needs. Identified high-risk for suicide patients and provided intensive suicide prevention case management services.
  - Provided Texas State Board Approved Clinical Supervision to 3 LMSW entry level VA Social Workers and served as Social Work mentor and clinical consultant throughout their journey to advanced practice licensure status.
  - Acted as Field Instructor for advanced and generalist practice Social Work students currently completing internship hours for their Masters in Social Work at Baylor University School of Social Work (5 students), University of Houston School of Social Work (3 students), and University of Texas at Dallas Campus (1 student).
  - Provided crisis intervention services, seeking to address the cause as well as the presenting complaint, coordinated family conferences and served as liaison to family members.
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